

# Table Tennis Brings People Back Together

*Theme: communities, physical activity*

## Defining the Issue

Millions of people across the country have faced several challenges during National lockdowns throughout the Pandemic, one of which being reduced social contact. This is something that children and young people may have found particularly difficult, which is why Pitsmoor Adventure Playground has utilised table tennis as a way of bringing the community back together.

## Background Information

Pitsmoor Adventure Playground CIO was formed as a charity in 2013 by local residents who wanted to keep families safe and adventure at the heart of the community. The playground is open five days a week and provides a range of activities for local families.

## The Project

- The playground had a dilapidated table tennis table which very few residents were using. The charity wanted to reinvigorate table tennis by installing a brand new outdoor table tennis table
- The project aimed to increase the number of people playing table tennis and subsequently encourage people to connect with each other and have fun

## Impact

The table is used every day the playground is open and has allowed people to talk to each other, which has been great to bring people together after time apart during lockdowns.

*“The Ping project was like a breath of fresh air, it was a catalyst for change and inclusion. My team and I used the project to encourage positive participation, engaging families in actives to improve their overall health and mental wellbeing” – Patrick Meleady, Charity Manager*



## Further Information

For more information on Ping, visit [www.pingengland.co.uk](http://www.pingengland.co.uk)



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case study

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