

**Performance & Selection Department
National Council Report
January 2014**

Glasgow 2014 Commonwealth Games

Preparation for Glasgow 2014 is going very well. The ETTA is currently working with a senior group of players which will be reduced by the selection panel over the coming months. A shortlist will be selected immediately after the Hungarian Open, with players notified of decisions on 3rd February.

The final Glasgow 2014 England team will then be selected after the World Team Championships (Tokyo, Japan) on 7th May 2014, with Commonwealth Games England announcing the decision later in May once all other formalities have been completed.

Sport Science Partnership

The performance team has, as part of the funding awarded by Sport England for Glasgow 2014, recently signed an agreement with Sheffield Hallam University (SHU) to provide sport science support (strength & conditioning, psychology and nutrition) to England's leading senior players. To date many of the players have spent time with the SHU team being screened/assessed in order to develop individualised training programmes to ensure that each player is in their best shape in time for Glasgow. In preparation for Glasgow, the first round of tests has taken place and individual programmes have been set to improve the squads physical fitness standards. The players will continue to be tested at regular intervals right up to the Games in July.

Senior Squad Competitions

European Championships

Men's team: Liam Pitchford, Andrew Baggaley, Danny Reed, Sam Walker.

Women's Team: Kelly Sibley, Joanna Drinkhall, Tin-Tin Ho, Hannah Hicks.

(Paul Drinkhall was unable to play as he was still in recovery period after an operation on his hip. Paul is now ready to compete.)

Men's team finished 19th

Women's team finished 16th

Overall there were a number of good performances by our players, in particular Sam Walker for the men and Kelly Sibley for the women.

Pro Tours

Polish Open

A good performance in this competition from Liam Pitchford, where he picked up a number of good wins including two players ranked around 50 in the world. He also reached the semi-final of the under 21s.

Due to the financial situation some of our players have chosen to self-fund for various international competitions, one of which was the German Open in November where Liam Pitchford had an outstanding tournament in reaching the quarter-final before losing to Timo Boll. On the way he beat players ranked 16, 18, 29 and 81 on the world ranking list. He also reached the semi-final in the under 21 event.

Commonwealth Games

The programme leading through to July includes World Championships in Japan (April), a number of Pro tour events, and training in Asia in June, although this still has to be confirmed. The team will also hold a training camp in the competition venue prior to the Games starting.

Current World Ranking (top 3 men & women)

Liam Pitchford 55	Joanna Drinkhall 162
Paul Drinkhall 134	Kelly Sibley 200
Andrew Baggaley 176	Tin-Tin Ho 376

Seeding for the team event in Glasgow is based on the average ranking of your top three players in their respective events.

Cadet Masters

Tom Jarvis and Denise Payet showed their ability under pressure, both finishing first. Alex Ramsden impressed and James Smith put in a creditable performance.

Junior Masters

Helshan Weerasinghe finished first with a solid weekend's performance, Tin-Tin Ho was unbeaten. Jared Patel, playing superb table tennis, finished second only losing to Jamie Trevillion and Helshan. All results are listed below.

YDT

Overall the standard is improving, with the amount of hours the players are putting in increasing, but there is still a number of players who need to increase this further. Players' awareness of what they need to work on and why is also better with players using their notebooks more. Physical training off the table needs to be increased and improved if players are to be successful in the future and reduce the risk of injury. Technically we have a number of players adopting a square to the table stance or (for right handed players) have the right foot further forward, which is not allowing the players to use their body and weight transfer, reducing power and also lengthening the arm action of the stroke, making recovery much slower. Technically the boys are much stronger, allowing us to work on more advanced drills, however, the girls still need a lot of work technically with the majority of the work being on basic movement exercises. Players on the camp continue to work with a team of coaches and sparring partners with multiball as well.

EYS

The selection panel will be selecting an EYS squad after the Junior Masters to work within the build-up to the European Youth Championships in July. We will be having an EYS training camp on Feb 18/19/20 at Westfield, Northampton. Over the next two/three weeks we will be speaking with the players and coaches to see how we can work together more closely on their programme.

England Youth Squad selected after the Masters

<u>Junior Boys</u>	<u>Cadet Boys</u>
Helshan Weerasinghe	Tom Jarvis
Igor Morais	Luke Savill
Danny Lawrence	Hugo Pang
Jared Patel	Alex Ramsden
Adam Harrison	Alec Ward
Marcus Giles	Omar Kassal
Sam Mabey	
Reserves:	
Jamie Trevillion	James Smith
<u>Junior Girls</u>	<u>Cadet Girls</u>
Tin-Tin Ho	Denise Payet

Maria Tsaptsinos	Kate Cheer
Emma Torkington	Zahna Hall
Lois Peake	Kate Nixon
Emily Bolton	
Megan Knowles	

Talent Development Centres

All centres are ready to go.

We have now secured the full-time coach positions in all four centres:

Plymouth - Paul Whiting
BATTs - Jane Barella
Sycamore - Chris Turner
Ormesby - Hong Hong Peebles.

The programmes will all be fully up and running in February.

Competition Review

The performance team have begun work reviewing the current ETTA competition framework to enhance a structure that supports a performance programme. Over the coming months the current calendar will be reviewed and recommendations made to appropriate departments and subsequent committees where change is required. It is intended that this review will cover all the allocation of type, quality and timing of competitions, with the aim to ensure that the ETTA has a framework which best provides for talented young athletes to achieve their potential.

All Masters' results

Junior Girls

	Licence No	Player No	Full Name	County	Pts	Pos	R	Matches		Games		Points		Ratio
								F	A	F	A	F	A	
A	258	1	Tin-Tin Ho	MI	22	1		11	0	33	2	382	211	1.8104
B	1921	2	Maria Tsaptsinos	BK	20	2		9	2	28	9	380	273	1.3919
C	2515	3	Emma Torkington	K	19	3		8	3	28	11	390	298	1.3087
D	7908	4	Lois Peake	SX	19	3		8	3	26	12	366	287	1.2753
E	1943	5	Megan Knowles	BK	18	5		7	4	22	16	357	321	1.1121
F	9472	6	Emily Bolton	CU	18	5		7	4	25	18	404	375	1.0773
G	5665	7	Isobel Ashley	DY	16	7		5	6	19	19	332	351	0.9459
H	4339	8	Ella Patel	E	13	9		2	9	6	28	243	366	0.6639
J	7002	9	Jazimin Johns	DV	15	8		4	7	15	24	310	386	0.8031
K	1733	10	Olivia Churchill	LI	12	12		1	10	3	32	245	389	0.6298
L	2781	11	Kayleigh Forster	CV	13	9		2	9	11	28	314	390	0.8051
M	4692	12	Amy Humphreys	NG	13	9		2	9	1 1	2 8	30 7	38 3	0.8016

Junior Boys

	Licence No	Player No	Full Name	County	Pts	Pos	R	Matches		Games		Points		Ratio
								F	A	F	A	F	A	
A	2875	21	Helshan Weerasinghe	SX	21	1		10	1	32	7	419	281	1.4911
B	4837	22	Igor Morais	MI	17	5		6	5	25	20	445	405	1.0988
C	3473	23	Adam Harrison	LI	17	5		6	5	22	22	415	403	1.0298
D	4450	24	Samuel Mabey	NP	15	9		4	7	18	27	413	434	0.9516
E	2991	25	Daniel Lawrence	K	18	3		7	4	23	17	373	349	1.0688
F	2510	26	Jared Patel	E	20	2		9	2	28	14	424	391	1.0844
G	9293	27	Tom Jarvis	LI	16	7		5	6	20	23	384	404	0.9505
H	988	28	Marcus Giles	SY	18	3		7	4	26	20	447	430	1.0395
J	2665	29	Gabriel Achampong	MI	16	7		5	6	23	22	421	425	0.9906
K	8763	30	Alec Ward	CV	13	11		2	9	13	27	316	382	0.8272
L	5899	31	J Langham-Ferreira	SY	12	12		1	10	10	31	325	427	0.7611
M	8457	32	Jamie Trevillion	DO	15	9		4	7	15	25	361	412	0.8762

Cadet Boys' Singles

	TJ	LS	OK	HP	AW	AR	RB	JS	JB	ML	JH	LG	Wins	Position
Tom Jarvis	X	1-3	3-0	3-0	3-0	3-2	3-0	3-0	3-0	3-0	2-3	3-1	9	1
Luke Savill	3-1	X	0-3	3-1	3-1	2-3	3-1	2-3	1-3	2-3	3-0	3-1	6	5
Omar Khassal	0-3	3-0	X	2-3	2-3	2-3	3-1	2-3	3-0	3-0	2-3	3-1	5	7
Hugo Pang	0-3	1-3	3-2	X	3-1	3-1	3-0	3-0	3-0	3-1	3-0	3-1	9	2
Alec Ward	0-3	1-3	3-2	1-3	X	1-3	3-1	3-1	3-1	3-1	3-0	3-1	7	4
Alex Ramsden	2-3	3-2	3-0	1-3	3-1	X	3-1	3-2	3-2	3-2	3-1	3-2	9	3
Robert Barker	0-3	1-3	1-3	0-3	1-3	1-3	X	0-3	3-0	3-0	0-3	1-3	2	11
James Smith	0-3	3-2	3-2	0-3	1-3	2-3	3-0	X	3-0	3-2	1-3	0-3	5	6
Joshua Bennett	0-3	3-1	0-3	0-3	1-3	2-3	0-3	0-3	X	0-3	1-3	2-3	1	12
Matthew Leete	0-3	3-2	0-3	1-3	1-3	2-3	3-0	2-3	3-0	X	3-2	3-1	5	8
James Hobson	3-2	0-3	3-2	0-3	0-3	1-3	0-3	3-1	3-1	2-3	X	0-3	4	10
Liam Grant	1-3	1-3	1-3	1-3	1-3	2-3	3-1	3-0	3-2	1-3	3-0	X	4	9

Cadet Girls' Singles

	DP	KC	KN	ZH	BM	AB	SB	SC	TD	GD	IJ	GP	Wins	Position
Denise Payet	X	2-3	3-1	3-0	3-1	3-1	3-1	3-1	3-0	3-0	3-0	3-0	10	1
Kate Cheer	3-2	X	2-3	1-3	3-0	3-1	3-1	3-1	3-0	3-0	3-2	3-0	9	4
Kate Nixon	1-3	3-2	X	2-3	3-0	3-1	3-0	3-0	3-2	3-2	3-0	3-1	9	3
Zahna Hall	0-3	3-1	3-2	X	3-0	3-2	3-0	3-1	3-2	3-1	3-0	3-0	10	2

Bhavika Mistry	1-3	0-3	0-3	0-3	X	1-3	0-3	2-3	0-3	3-2	1-3	2-3	1	12
Amy Blagbrough	1-3	1-3	1-3	2-3	3-1	X	1-3	2-3	0-3	3-0	3-1	3-0	4	7
Sophie Barlow	1-3	1-3	0-3	0-3	3-0	3-1	X	0-3	2-3	0-3	3-2	0-3	3	11
Stephanie Cross	1-3	1-3	0-3	1-3	3-2	3-2	3-0	X	3-0	3-0	0-3	1-3	5	6
Tiana Dennison	0-3	0-3	2-3	2-3	3-0	3-0	3-2	0-3	X	1-3	0-3	1-3	3	10
Gauri Duhan	0-3	0-3	2-3	1-3	2-3	0-3	3-0	0-3	3-1	X	2-3	3-1	3	9
Isabelle Joubely	0-3	2-3	0-3	0-3	3-1	1-3	2-3	3-0	3-0	3-2	X	3-2	5	5
Grace Potter	0-3	0-3	1-3	0-3	3-2	0-3	3-0	3-1	3-1	1-3	2-3	X	4	8