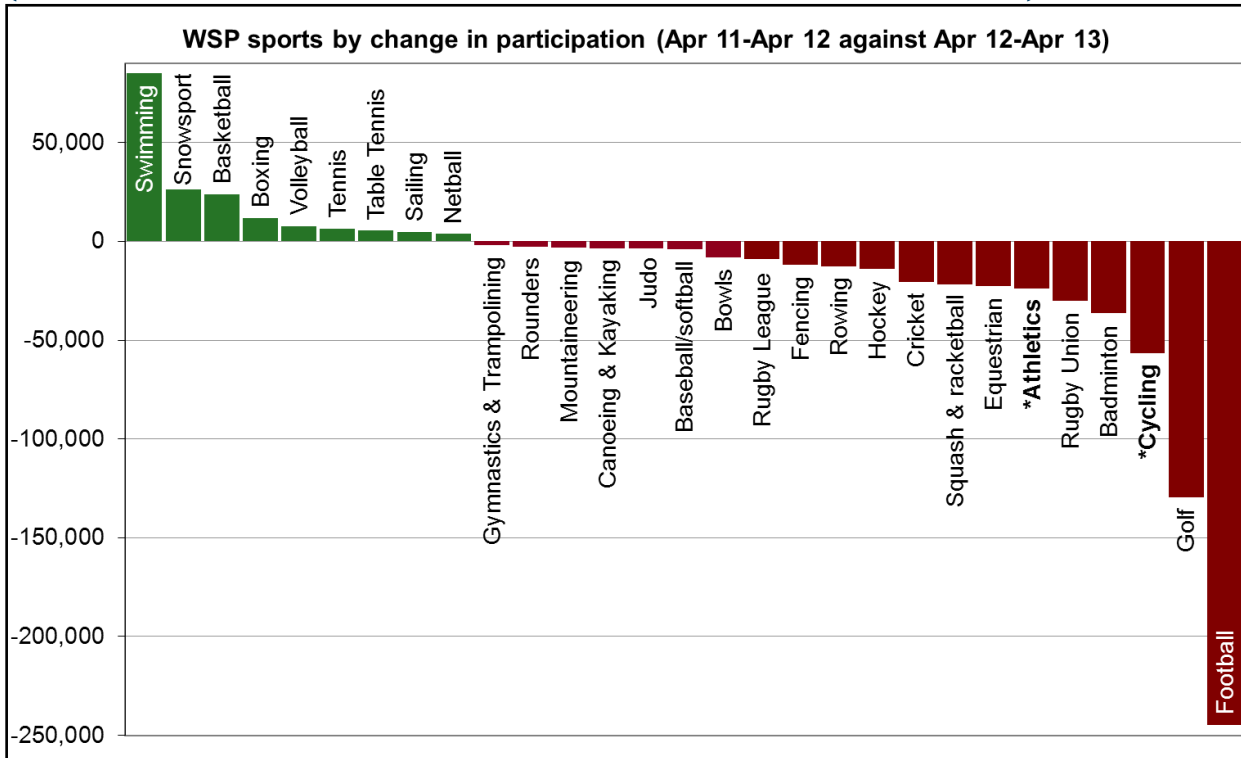


Once a week participation in individual (funded) sports

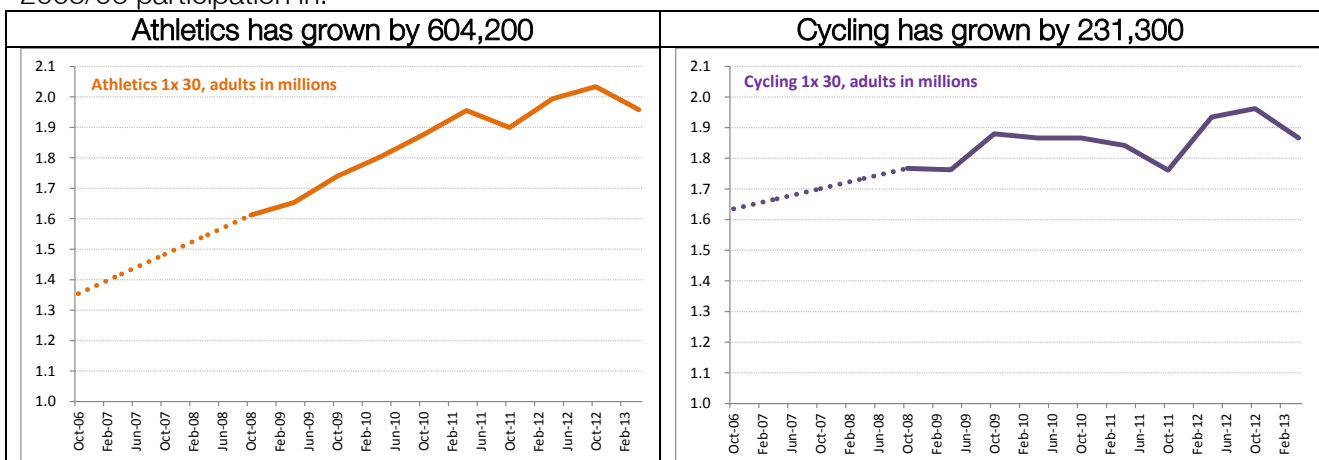
Sport England monitors the amount of sport people play. As well as overall strategy and insight, this information also underpins performance management of the National Governing Bodies (NGBs) that we fund. Most of our funded NGBs have participation targets based on the number of people playing their sport at least once a weekⁱ, measured by the Active People Survey (APS).

Change in once a week participation in funded sports against previous year (April 2012 – April 2013 compared with April 2011 – April 2012)



Source: Sport England's Active People Survey

*The drops observed in the number of people participating in athletics and cycling over the past 12 months do not reflect the significant growth these sports have achieved over recent years. Since 2005/06 participation in:



ⁱ This is defined by those who have participated at least four days in the previous 28 days

Table 1: Once a week participation in funded sports

1 x 30 sport indicator: Sport England NGB 09-13 Funded sports	APS1 (Oct 2005- Oct 2006)		APS2 (Oct 2007- Oct 2008)		APS6Q2 (Apr 2011 - Apr 2012)		APS7Q2 (Apr 2012 - Apr 2013)		Statistically significant change from APS 1
	%	n	%	n	%	n	%	n	
Swimming	8.04%	3,273,800	7.83%	3,244,300	6.56%	2,824,800	6.65%	2,892,200	Decrease
Athletics	3.33%	1,353,800	3.89%	1,612,100	4.63%	1,994,200	4.50%	1,958,000	Increase
Football	4.97%	2,021,700	5.18%	2,144,700	5.10%	2,198,300	4.46%	1,939,700	Decrease
Cycling	4.02%	1,634,800	4.26%	1,767,100	4.49%	1,934,600	4.29%	1,866,100	Increase
Golf1	2.18%	889,100	2.29%	948,300	2.11%	908,000	1.78%	772,800	Decrease
Badminton	1.27%	516,700	1.29%	535,700	1.25%	538,800	1.15%	499,000	Decrease
Tennis2	1.12%	457,200	1.18%	487,500	0.98%	420,300	0.98%	424,300	Decrease
Equestrian	0.77%	314,600	0.82%	341,700	0.76%	325,500	0.69%	300,800	Decrease
Squash and racketball	0.74%	299,800	0.71%	293,900	0.65%	281,100	0.59%	257,700	Decrease
Bowls3	3.13%	251,900	3.40%	277,800	2.65%	231,400	2.47%	223,900	Decrease
Cricket4	0.48%	195,200	0.49%	204,800	0.49%	211,300	0.44%	189,400	Decrease
Basketball5	0.39%	158,300	0.45%	186,000	0.35%	149,400	0.40%	172,300	No change
Rugby Union6,7	0.46%	185,600	0.56%	230,300	0.46%	197,500	0.38%	166,400	Decrease
Netball	0.27%	111,700	0.29%	118,800	0.34%	148,000	0.35%	150,900	Increase
Boxing	0.28%	115,500	0.26%	106,800	0.32%	139,200	0.35%	150,100	Increase
Angling8	*	*	*	*	0.33%	141,000	0.30%	131,500	*
Table Tennis9	0.17%	69,400	0.18%	75,600	0.25%	107,300	0.26%	112,200	Increase
Weightlifting10	0.26%	107,800	0.29%	118,400	0.20%	86,100	0.25%	106,600	No change
Snowsport	0.31%	127,400	0.29%	120,600	0.19%	80,800	0.24%	106,400	Decrease
Hockey	0.23%	93,900	0.24%	99,800	0.25%	106,800	0.21%	92,100	No change
Mountaineering11	0.17%	67,000	0.21%	86,100	0.21%	91,600	0.20%	87,800	Increase
Sailing	0.16%	64,000	0.22%	89,900	0.13%	56,900	0.14%	61,400	No change
Gymnastics12	*	*	*	*	0.12%	51,100	0.11%	49,100	*
Rugby League6,13,14	0.18%	73,700	0.20%	82,000	0.13%	58,100	0.11%	48,700	Decrease
Canoeing15	0.09%	36,500	0.10%	43,500	0.10%	42,400	0.09%	38,500	No change
Rowing16	0.10%	39,300	0.13%	54,900	0.11%	48,600	0.08%	35,800	No change
Volleyball	0.08%	32,700	0.12%	48,400	0.06%	27,400	0.08%	34,900	No change
Taekwondo13	0.05%	19,000	0.06%	23,500	0.06%	26,200	0.05%	23,100	No change
Judo	0.04%	17,200	0.05%	18,700	0.05%	23,600	0.05%	19,900	No change
Rounders	0.04%	16,500	0.06%	25,900	0.04%	19,200	0.04%	16,400	No change
Archery	*	*	*	*	0.04%	15,600	0.03%	10,900	*
Fencing	0.03%	13,600	0.04%	15,000	0.05%	21,600	*	*	*
Baseball & Softball	0.02%	9,300	0.02%	6,700	*	*	*	*	*
Waterskiing17	0.01%	3,600	*	*	*	*	*	*	*
Basketball (Wheelchair)17	*	*	*	*	*	*	*	*	*
Boccia17	*	*	*	*	*	*	*	*	*
Goalball17	*	*	*	*	*	*	*	*	*
Handball17	*	*	*	*	*	*	*	*	*
Lacrosse17	*	*	*	*	*	*	*	*	*
Modern Pentathlon17	*	*	*	*	*	*	*	*	*
Orienteering17	*	*	*	*	*	*	*	*	*
Shooting18	*	*	*	*	*	*	*	*	*
Triathlon17,19	*	*	*	*	*	*	*	*	*
Wheelchair Rugby17	*	*	*	*	*	*	*	*	*
Wrestling17	*	*	*	*	*	*	*	*	*

Source: Sport England's Active People Survey

Base sizes (number of respondents) are as follows:

APS1 (Oct 2005-Oct 2006): 363,722

APS2 (Oct 2007-Oct 2008): 191,324

APS6 Q2 (Apr 2011-Apr 2012): 163,462

APS7 Q2 (Apr 2012-Apr 2013): 161,134

Notes

Participation in each sport is defined as the number of adults in England (age 16 plus) who have taken part in the sport at moderate intensity for 30 minutes or more at least once in the last week (at least four days out of the previous 28 days).

Notes on individual sports (referenced in the sport table):

1 Following a renegotiation of their grow target the new baseline for golf will be 852,200 (based on data from April 2010-April 2011)

2 Since publication of the APS3 results in December 2009, tennis figures have been recalculated to include wheelchair sports - tennis.

3 The participation rate for bowls refers to the proportion of the population aged 65 or over participating for at least 30 minutes at any intensity (APS6Q3 to APS7Q2 base: 47,490)

4 Following a renegotiation of their grow target the new baseline for cricket will be 196,500 (based on data from April 2010-April 2011)

5 Following a renegotiation of the grow target their new baseline for basketball will be 153,700 (based on data from April 2010-April 2011)

6 From the beginning of APS4 respondents that play touch and tag rugby are asked which code of rugby they play and are included in the relevant sports results

7 Following a renegotiation of their grow target the new baseline for rugby union will be 178,000 (based on data from Jan 2010-Jan 2011)

8 Figures for moderate intensity angling are not available for Active People Surveys 1 & 2. Since publication of the APS3 results in December 2009, angling figures have been recalculated to include wheelchair sports - fishing. The Active People Survey 5 result for angling includes respondents who reported angling participation in response to the fishing check questions that were added to the survey. APS 5 data is not consistent with earlier data points.

9 Since publication of the APS3 results in December 2009, table tennis figures have been recalculated to include wheelchair sports - table tennis.

10 Since publication of the APS3 results in December 2009, weightlifting figures are now calculated from the following activities Weightlifting (Olympic) - Snatch / Clean & Jerk, Powerlifting Paralympic - Bench press, Weight training (free weights) - for specific sport.

11 Since publication of the APS3 results in December 2009, mountaineering figures have been recalculated to exclude ice climbing but include bouldering and mountain walking.

12 From the beginning of APS3 garden trampolining was recorded separately. Results for gymnastics and trampolining (excluding garden trampolining) are only available from APS3 onwards.

13 Following a renegotiation of their grow target the new baseline for rugby league will be 44,100 (based on data from April 2010-April 2011)

14 Following a review of weighting procedures two sports (rugby league and taekwondo) have had their APS2 results restated (from 88,300 to 82,000 and 24,200 to 23,500 respectively). The changes reflect the weighting cap now applied to results meeting the necessary criteria.

15 Since publication of the January 2010 - January 2011 results in March 2011, canoeing figures have been recalculated to include rafting.

16 Since the third quarter of APS4 indoor rowing has been routed out of the overall rowing number. APS5 data and some APS4 data is not consistent with data before the third quarter of APS4.

17 Insufficient sample size for once a week participation result

18 Light intensity only sport

19 As triathlon participants are unlikely to compete every week there is insufficient sample size to report a result. Built up from the three disciplines of running, swimming and cycling, triathlon contributes to the participation numbers for each of these activities.

The 46 sports were selected by Sport England based on the following criteria: whether they are an Olympic or Paralympic sport; whether they are already designated as a development sport by Sport England; and whether they have more than 75,000 adult participants (age 16 and over) in England. 46 sports were asked to prepare a plan on which funding assessments were made.

The latest results are based on interviews conducted between April 2012 and April 2013. 161,000 adults in England (age 16+) were interviewed by telephone.

Please note that this report highlights where changes are **statistically significant**. A statistically significant increase is indicated by 'increase', and a statistically significant decrease is indicated by 'decrease'. This means that we are 95% certain that there has been a real change (increase or decrease) in the participation rate. Where there has been no statistically significant change, this is indicated by 'no change'.

For more information on measuring statistically significant change between Active People Surveys, see the briefing note on Sport England's website:

http://www.sportengland.org/research/active_people_survey/active_people_survey_2/idoc.ashx?docid=c2da16fe-f44b-4715-a798-5cd4f62fc422&version=3

ONS population data from 2005 (APS1), 2007 (APS2), 2011 (APS6Q2) and 2012 (APS7Q2) has been used to provide population numbers.

Following a review of the original survey weighting procedures individual weights are now capped at 7 where the following criteria are met: 1) a sport has more than 1% of participants with a weight greater than 7; 2) the index of difference between uncapped result and revised result where the maximum weight has been reduced to 7 is greater than 98 to 102; 3) the participant base is sufficient to measure 'change'. These new weighting procedures are now reflected in the reporting of new survey results and have led to some restatement of earlier results for a limited number of sports (noted in the "Sports Participation: Once a week" table above).

For sports which have multiple disciplines, the following list highlights the disciplines currently included within each sport:

Angling: game fishing, coarse fishing, sea fishing, wheelchair sports - fishing

Archery: Archery, wheelchair sports - archery

Athletics: athletics field, athletics track, running track, running cross-country/road, running road, running ultra marathon, jogging.

Badminton: badminton - indoor, badminton - outdoor

Baseball/softball: baseball and softball

Basketball: basketball - indoor, basketball - outdoor

Bowls: Bowls - Crown green, Bowls - Flat green outdoor, Bowls - Flat green indoor, Bowls - Short mat, Bowls - Carpet

Canoeing & kayaking: Canoeing & kayaking: canoeing, canoe polo, kayaking, whitewater kayaking, rafting

Climbing & mountaineering: climbing indoor, climbing rock, mountaineering, mountaineering high altitude, hill trekking, hill walking, bouldering, mountain walking

Cricket: Cricket (outdoors) - match, cricket (indoors) - match, cricket (outdoor) - nets / practice, cricket (indoors) - nets / practice, cricket - other

Cycling: Cycling is defined as adult participation at least once a week (four times in the previous four weeks), for 30 minutes at moderate intensity. Cycling includes recreational and competitive cycling but excludes any cycling which is exclusively for travel purposes only. Also includes BMX, cyclo-cross and mountain biking.

Equestrian horse riding, dressage, pony trekking, show jumping, three-day eventing, trotting, polocrosse

Football: Football (indoors) – small sided (e.g. 5-a-side), football (indoors) - other, football (outdoors) – small sided (e.g. 5-a-side), football (outdoors) – 11-a-side, futsal, football (outdoors) – Other
golf - full course, golf - short course / par 3 / pitch and putt, golf - driving range, golf – putting

Gymnastics: gymnastics and trampolining

Hockey: Hockey - field (indoor), Hockey - field (outdoor)

Judo: Judo - contact, Judo - non contact

Netball: netball - indoor, netball - outdoor

Rugby League: Rugby league - 13 a side game, rugby league - tag rugby, rugby league - touch rugby, rugby league - other

Rugby Union: Rugby union - 15 a side game, rugby union – sevens, rugby union - tag rugby, rugby union - touch rugby, rugby union - other

Sailing: Windsurfing or Boardsailing, Jet ski-ing / aquabike / personal water craft, Sailing – dinghy racing (inc. multihull), sailing – dinghy cruising (inc. multihull), sailing – keelboat racing, sailing – keelboat cruising, sailing – yacht racing (inc. multihull), sailing – yacht cruising (inc. multihull), powerboat racing

Snowsport: snowboarding, skiing, skiing (barefoot), skiing (extreme), skiing (free), skiing (mono), skiing (parachute), skiing (ribbing), skiing (speed), skiing (grass or dry slope), telemark

Shooting: shooting, shooting (air rifle), shooting (clay pigeon), shooting (pistol)

Squash: squash and racketball

Swimming: all swimming and diving (indoor and outdoor), water polo, deep water swimming, open water swimming, deep water diving

Table tennis: table tennis - indoor, table tennis - outdoor, wheelchair sports - table tennis

Tennis: Tennis, wheelchair sports - tennis

Waterskiing: waterskiing, skiing barefoot (water), wakeboarding

Weightlifting: Weightlifting (Olympic) - Snatch / Clean & Jerk, Powerlifting Paralympic - Bench press, Weight training (free weights) - for specific sport

Wrestling: wrestling - cumberland, wrestling - freestyle, wrestling - olympic greco-roman, wrestling - olympic freestyle, wrestling - westmoreland, wrestling - cornish, wrestling - grappling, wrestling - beach, wrestling - lancashire or 'catch as catch can'