

GAME SIMON SAYS!

LEARNING OBJECTIVE

- Keep the ball under control
- Maintain a good ready position
- Correct grip



ACTIVITY

Players stand in the ready position while balancing a ball on the bat. Teacher to give a command as seen below. This is great to do as a bat and ball warm-up, and you can also make it competitive by getting a class playing against each other. If a player drops the ball then they are out. At the end of the game you should be left with 2 players who have a head to head competition, last one standing.

Command 1 - Balance ball on forehand

Command 2 - Bounce ball on forehand

Command 3 - Balance ball on backhand

Command 4 - Bounce ball on backhand

Command 5 - Bounce ball on forehand and backhand

DISCOVER

- Is the ball rising or falling when you first touch it?
- How can you make the ball bounce slower or faster?
- Is it easier to control if you hit the ball higher or lower?

ORGANISATION

- Equipment: balls and bats
- Position players in the area to demonstrate

EASIER

- Use a bigger ball, balloon or sponge ball
- Play round by round, e.g. round 1 balance the ball and then give them a 5 second break before moving onto round 2 bounce the ball on the FH

HARDER

- Teacher to give commands e.g change direction on command
- Bounce the ball to different heights
- Sit down or turn around whilst still balancing the ball
- Change direction around the hall
- Call the command in any order with children having to do the right skill at the right time, with no breaks in between number calling