

## Satellite Club Guidance Notes 2017-18

### Introduction

Satellite clubs are local sport and physical activity clubs that are **designed around the needs of young people age 11-18** and provide them with **positive, enjoyable experiences** that make it easy for them to develop more **regular activity habits**.

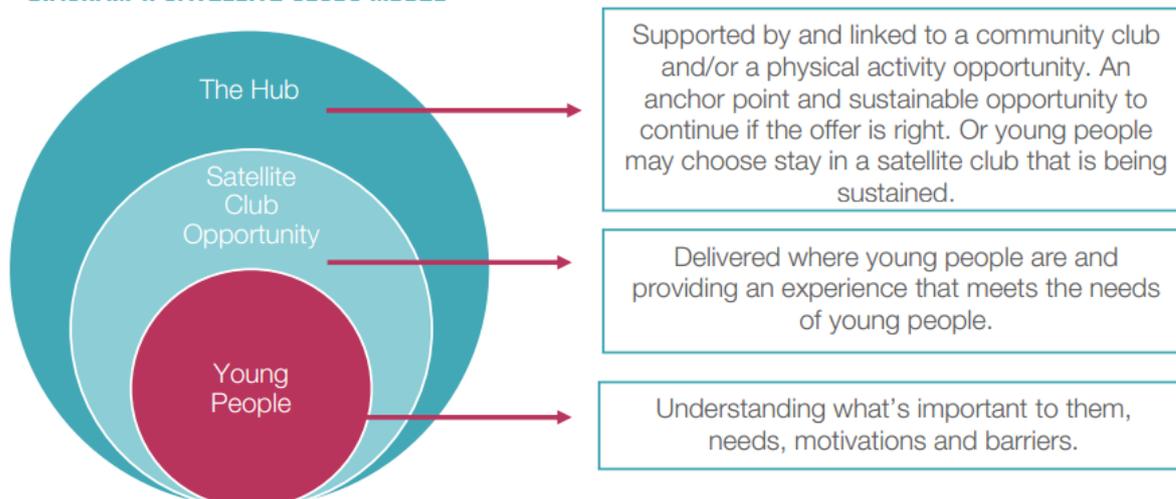
Supported by or linked to a local table tennis club or physical activity opportunity (The Hub), satellite clubs should **support young people at points of disruption in their lives**. For example, around adolescence, when attitudes to sport and physical activity often change, or transition points between school and college when young people are most at risk of drifting away from taking part in regular sport and physical activity.

Satellite clubs should be tailored to **meet the different motivations and needs of young people**, particularly those who are less active or at risk of falling out of sport.

Understanding **what is important to young people** and what their needs and wishes are is the first step when developing a satellite club opportunity.

Satellite clubs **can be developed in a variety of venues** such as community centres, schools, village halls and even your own club venue, so long as this is a new session targeting new participants. Applications to develop sessions in new and innovative spaces are also welcome!

**DIAGRAM 1: SATELLITE CLUBS MODEL**



## **Funding Criteria**

### **Primary Criteria**

In order to ensure that satellite club opportunities are able to reach those who do not regularly play table tennis and/or those groups of young people who are often underrepresented in sport, all applications must look to achieve **at least** one of the following;

- Sessions offering new ways to engage and retain women and girls in table tennis
- Sessions offering innovative ways of improving Club experience for young people eg bringing music to sessions, allowing young people to lead part of the sessions, providing an opportunity for different types of competition formats throughout, ensuring your session meets the motivations of young people by understanding the reasons they come along etc.
- Sessions seeking to encourage regular participation among less active young people

In addition to the above, applicants must also demonstrate how they will ensure the sustainability of sessions beyond the initial funding period.

*For more ideas and information on how you can create a great experience for young people, take a look at the partner links on page 4.*

### **Secondary Criteria**

Applications will also be scored on the following criteria. Applicants meeting the below will achieve a higher score and therefore are more likely to be successful;

- PremierClubs
- Clubs with Clubmark
- Clubs involved in the Be TT programme
- Applicants looking to develop sessions in areas of higher deprivation

## **Funding Available**

Clubs can apply for up to £850 to deliver a minimum 30-week programme.

There may also be an opportunity for successful applicants to access an additional £200 to support workforce and volunteer development. Further information on this will be released in due course.

## **Application Process**

The application form can be downloaded from the Table Tennis England website or by following this link; <https://tabletennisengland.co.uk/organise/clubs/satellite-clubs/>

Completed applications should be sent to Claire Brockwell Clubs and Leagues Officer ([claire.brockwell@tabletennisengland.co.uk](mailto:claire.brockwell@tabletennisengland.co.uk)) by the deadline stated below.

We will endeavour to review applications within 1 month of receipt. Successful applicants will be required to sign a service level agreement in order to receive funds.

## **Application Deadline**

Applications will be accepted until 5pm Friday 29<sup>th</sup> September OR until the 2017 satellite club funding allocation has been met (whichever is sooner).

## **Monitoring and Evaluation**

Monitoring and evaluation is key to demonstrating the impact of the satellite club programme and so there are some basic requirements that those receiving funding must adhere to. Most simply these are;

- Basic participant data for all participants
- Session registers
- Case study to help share best practice

Satellite clubs should provide a new longer-term opportunity for young people. As such, Table Tennis England will need to collect basic monitoring information for your club following the funding year, up until March 2021.

**Monitoring information will be required twice per year for the first year, and once per year thereafter. To make this as simple as possible, successful applicants will receive tools and templates to help capture the relevant information.**

## **Table Tennis England support for Satellite Clubs**

All new satellite clubs will receive a welcome pack including;

- Resource cards with fun ideas for your sessions
- Monitoring and reporting templates
- A series of best practice examples and ideas for your satellite club

In addition to the welcome pack, you will also have a National and local point of contact for advice and guidance if required.

## **Hints and Tips for writing a strong application**

1. Research the needs and wants of your target audience to ensure you can clearly outline the need for your project within your application.
2. Tap into Table Tennis England and partner resources designed to help engage less active participants and women and girls (see 'useful partner links' below)

3. Carefully consider the criteria outlined within this document and be sure to highlight how your project meets these.
4. Reach out to your local Table Tennis England Development and Volunteering Officer to discuss your project

### **Useful Partner Links**

**Sport England Club Matters** – for hints and tips on Club Experience, Inclusivity, Women and Girls and community engagement

<https://www.sportenglandclubmatters.com/club-people/members-participants/>

**Sports Coach UK** – for resources specifically designed to support coaches coaching young people

What makes your session unmissable? <https://www.sportscoachuk.org/coaches/resource-bank/coaching-participation/youth-participation/what-makes-your-session-unmissable>

What Motivates Young People to be Active?

<https://www.sportscoachuk.org/coaches/resource-bank/coaching-participation/youth-participation/what-motivates-young-people-be-acti>

How to Coach Young People When Life Changes

<https://www.sportscoachuk.org/coaches/resource-bank/coaching-participation/youth-participation/how-do-you-coach-young-people-when->