



June 2017

Table Tennis England Performance Club Programme 2017-21

Introduction

Table Tennis England is creating a new Table Tennis England Performance Programme in order to broaden the reach and impact of the talent pathway and coaches working with athletes with talent aspirations.

This programme will provide opportunities for Performance Clubs to engage with the National Performance Staff through a Centre for Excellence partner to ensure that players progressing through the pathway have the necessary TAC skill:

- **Table Tennis Skill:** Developing a game good enough that top players/clubs/programmes want to cooperate/select and practice with them by the time they leave the Junior age group
- **Athletic Skill:** Learn + Cope. Learn how to learn = 4 Ss: self regulate emotions and behaviours; self-set goals; self analysis; self search help. Coping strategies for dealing with often difficult hostile environments, setbacks and loneliness (when abroad)
- **Competitive Skill:** Stay in the moment; Reset; Cope with dislocated expectations

In order that they can find out what they are capable of.

This is a rolling programme and successful Performance Clubs will sign an annual agreement to be part of it. In doing so they agree to actively support and engage with the National Performance Staff, the Centre for Excellence partner they nominate and overriding philosophies, culture and trademarks of the Table Tennis England performance programme.

Requirements

Performance Clubs will partner with existing Table Tennis England Centre for Excellences as part of a countrywide talent and performance network.

- This will be offered to clubs who demonstrate that they are able to:



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Registered in England
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Table Tennis England is a trading name of English Table Tennis Association Limited, registered in England at Norfolk House, 88 Saxon Gate West, Milton Keynes, Buckinghamshire, MK9 2DL



- actively support the Table Tennis England talent and performance programmes, objectives, philosophies and trademarks:
 - ***Table Tennis England Performance Trademarks:***
 - ***English players are known for having excellent ability to:***
 - ***Attack & Defend***
 - ***Off both wings***
 - ***Serve & Receive***
 - ***English players are known for being resilient;***
 - ***They play Every point to the end***
 - ***They play Every game to the end***
 - ***They come back at you after a Bad shot***
 - ***They come back at you after a Bad game"***
 - ***English players are known for being the best Conditioned players in the hall.***
- deliver the necessary quality and quantity of training and support for players within their programme to develop in to future England internationals
- appoint or nominate a head coach to lead their youth programme.
- implement the requirements of Table Tennis England performance staff and pathway into their programme.
- Develop a series of feeder programmes with local primary schools
- They should be working with players who are:
 - Under 14 (older players can be included but the primary focus is to develop players below this age)



- Competing or aspiring to compete in the national level competitions
- Committed to a minimum of 6 hours of training per week
- Able to sign a Table Tennis England Performance Club agreement.
- Ensure their players of the appropriate standard engage with relevant England Squads and Teams when selected and proactively support them when they are members of these.
- Put players of appropriate standard forward for relevant England selections
- Ensure their Head Coach is able to attend at least four England Youth Squad camps (at the Performance Club's cost) every year. This is subject to invitation by the National Talent Coach.
- Ensure their Head Coach and all support coaches are appropriately qualified and currently licensed by Table Tennis England.
- Nominate a Centre for Excellence partner (proof of partnership required) to provide monthly training opportunities for members of the Performance Club programme
- Nominate a Centre for Excellence partner (proof of partnership required) to attend, preferably with a few players, the Talent Pathway Manager and National Coach's monthly visit there, to provide an update on the programme, exchange of training ideas, develop joint training etc.
- Be compliant with all Table Tennis England or relevant authority safeguarding, child protection and governance policies and procedures. Preference will be given to Table Tennis England Premier Clubs.

Support

Support for Performance Clubs will primarily be delivered through the Centre for Excellence network and Performance Clubs should nominate their preferred Centre for Excellence partners in their application.

Table Tennis England will publish a current list of Table Tennis England Performance Clubs.

Application

A rolling application process will exist for Performance Clubs and each club will need to apply initially and reconfirm on an annual basis that they wish to continue. There is no upper limit (at present) to the number of Performance Clubs that Table Tennis England will recognise.

Each club wishing to be considered should apply in writing to performance@tabletennisengland.co.uk outlining how they meet the above requirements and provide details of their Centre for Excellence partnerships, venue and coach provision and any other relevant details. The Table Tennis England Talent Pathway Manager and National Coach will assess each application, seek clarification or further information if required. Club who are deemed to meet the requirements will then be required to complete a Table Tennis England Performance Club Agreement.

Clubs that do not meet the requirements will be provided with some feedback and given a guide line as to if and when they should reapply.